

We at Bremen Youth Services

are dedicated professionals committed to providing quality mental health, substance abuse, and prevention services. It is our overall goal to enhance the quality of life for individuals and families. Our belief is that all people are valuable and unique and should be treated with dignity and respect. While recognizing the potential for change, an assessment of the client's emotional, mental, physical, and spiritual needs is provided in a caring environment. The growth of the individual is promoted through a course of treatment developed and executed in a timely and cost effective manner.



Agency Information



Bremen Youth Services

15350 S. Oak Park Ave
Oak Forest, IL 60452

p : 708.687.9200

f : 708.687.9211

e : bys15350@aol.com

Satellite Office

Robbins Community Center
13800 S. Trumbull Ave
Robbins, IL 60472

p : 708.926.2777

Service Hours

Monday -Thursday

10:00am to 9:00pm

Friday

10:00am to 6:00pm

Saturday

By appointment only

7 Day, 24 Hour Answering Service
In case of an emergency call 911

www.bremenyouthservices.org



helping one heart at a time

About Us

Bremen Youth Services (BYS) is a not-for-profit community mental health agency which has served youth and their families since 1964. Services are available to individuals ages 5-21 and their families. Although the agency serves Bremen Township residents, we are not bound by township lines and welcome anyone in need of services.

Services are provided by counselors, social workers, and graduate level interns committed to providing quality care to our clients and their families. Our staff includes licensed counselors and social workers as well as certified drug and alcohol counselors with a multitude of strengths and specialties. Mental health professionals employed at the agency participate in ongoing continuing education opportunities to enhance professional development.

Service Initiation and Payment

If interested in receiving services, please contact the agency to complete an initial intake. Once the intake process is complete, appropriate program/service referrals will be provided. Fee for services is based on a sliding scale fee. Services are never denied based on an individual's inability to pay.

Services

Individual Counseling (ages 5-21)

Family Counseling

Group Counseling

Expressive Therapy Groups- Utilize art, movement, and music to provide alternative coping skills

Social Skills Groups- For youth with Autism Spectrum Disorders or in need of enhancing social skills

Balance- Body image enhancement for adolescent females

STEP Parenting Group- Systematic Training for Effective Parenting

Grandparents Raising Grandchildren- Support for non-traditional parenting

Substance Abuse Treatment

Adolescent outpatient treatment program for youth ages 11-21

Substance Abuse Prevention Program

Teen Pregnancy Prevention Education

School-based programming

Summer Program

Mentor Program

Clinical Practicum and Internship

Program Funding Sources

Bremen Township

Illinois Department of Human Services

Division of Alcoholism and Substance Abuse
Division of Family and Community Services

United Way

Client Fees

Fundraising Activities

Donations

(All donations are tax deductible as BYs is a 501c3 not-for-profit organization)

Leadership

Executive Director

Donald J. Sebek, M. Ed.

Board of Directors

Chuck Quinn—**President**

Bobby Matz—**Vice President**

Len Augustyniak—**Treasurer**

Joan Augustyniak—**Secretary**

Laura Brown

Francie Edgeworth

Joseph Larmon

Lori Manning

Chuck Wolf